

BACB 4<sup>th</sup> Edition Task List Items

Content Area C: Behavior-Change Considerations

Item		Description
C-01	State and plan for the possible unwanted effects of reinforcement.	Reinforcement can often be used in an inefficient manner, with unexpected side effects (for example, satiation, difficulty transitioning back from reinforcing activities, accidentally reducing the probability of other behaviors due to behavioral contrast). Supervisees will be led through activities that will help in the development of effective reinforcement programs that address these difficulties.
C-02	State and plan for the possible unwanted effects of punishment.	In addition to legal and ethical ramifications, there are clinical side-effects to the use of punishment procedures (e.g., avoidance behavior, counter-aggression, learned helplessness, accidental negative reinforcement of the punishing behavior of the clinician). Supervisees should be led through a discussion of these unwanted effects of punishment procedures, as well as basic ethical issues related to least restrictive treatment model.
C-03	State and plan for the possible unwanted effects of extinction.	Extinction procedures can lead to very dangerous side-effects in terms of the behavioral components of the extinction burst, as well as failure to replace extinguished behavior with some other, more adaptive behavior.